



Family Service of the Chautauqua Region

2026-27 Psychology Pre-Doctoral Internship

Overview

Family Service of the Chautauqua Region has a 120-year history of providing for the needs of the vulnerable in Chautauqua County. One of our strengths for decades has been our focus on education of counselors and interns through practicums and apprenticeships. In 2024, we are pleased to announce we are launching a formal internship program in psychology. While this training is required for psychologists to become licensed, there has never been an organized program in Chautauqua County to allow psychologists to complete these two years of training without leaving the area. That is about to change. We are accepting applications for our first interns in the fall of 2025.

Pre-doctoral Internship in Psychology:

Family Service offers a variety of opportunities to interns. Practice in a rural area means being comfortable with becoming a generalist. Interns will be able to see a wide variety of outpatient clients, from children and adolescents to seniors. Family Service provides individual and family counseling. Intern placements in schools or community agencies are concurrent components with time at Family Service. 75% of time will be devoted to clinical rotations, including direct service, report writing and collateral contacts. This will be divided between Family Service's outpatient programs and a community agency determined based on the student's goals and the opportunities available. Opportunities for psychological assessment, including autism and learning disabilities, will be part of the experience. 25% of time will be devoted to supervision, research (including dissertation if needed) and learning opportunities.

Along with the 2 hours per week of individual supervision with a licensed psychologist, there will be 2 hours of weekly supervision with other staff, including a Certified School Psychologist with a limited permit in psychology. Onsite teaching and learning will be supplemented with online courses.

Time for dissertation or other research is permitted, and community participation is encouraged. The stipend for the 12-month internship is \$25,000 and benefits are described in the handbook at our website.

Educational Philosophy:

To be a well-rounded clinician, both knowledge of the research and apprenticeship with experienced clinicians are needed. No two clients are alike, and the ability to help people feel safe and connected is fundamental to working toward lasting change. Therefore, our goal is to support our students and clinicians, in order for them to support our clients and community. Interns need to arrive with skills for forming therapeutic relationships and knowledge of the DSM5. Over the course of the internship, we will refine skills for diagnosis and treatment planning. We will guide in practical and evidence supported approaches to implementing treatment goals. Cognitive behavioral therapy and motivational enhancement are part of an eclectic approach. Psychological assessments for varied purposes will be taught with attention to both the client and other target audiences.

The Agency:

Family Service has been a respected provider of counseling services in the office and in the schools of Chautauqua County since the 1940's. Our staff consists of 1 licensed psychologist, 2 licensed clinical social workers, and several mental health counselors. In addition, we have an Employee Assistance Program that offers counseling and training to local companies and a Spanish/English Interpreter program that works with Office of Mental Hygiene clinics in Chautauqua County.

Our website is:

familyservicechq.org

The full internship handbook is available under the internship tab on our webpage.

The Supervisors:

Dr Kelly Burkhouse is the Psychology Program Director for Family Service. She earned her PhD in clinical psychology from Southern Illinois University and has practiced in Western New York since 1990. She is licensed as a psychologist in New York and Pennsylvania. A true generalist, she has helped design programs for domestic violence offenders and sexual abuse offenders, run groups for victims of sexual abuse and consulted with group homes for developmentally disabled individuals. The majority of her career has been as a generalist outpatient therapist, providing counseling to adults, couples, teens and families. She also has done psychological evaluations for a variety of populations. She works for Family Service and has a private practice in the area. Email her at KellyB@FamilyServicechq.org



Katie Centi, is the Assistant Psychology Program Training Director. She will be completing her postdoc at Family Service and expects to receive her psychology license early in 2027. She is completing her dissertation on trauma interventions in the school and will be doing family therapy, individual therapy. Katie's PsyD is anticipated for December 2025. She earned her master's/specialist degree in School Psychology in 2009 from the University at Buffalo. Katie returned to school to pursue her doctoral degree after working for 12 years as a school psychologist in the public school systems in California, Texas, and New York. Current specialties/interests include psychological assessments, autism evaluations, and trauma work. Katie is a Somatic Experiencing Practitioner, which focuses on the somatic mind/body connection to heal trauma. Email her at Katiec@familyservicechq.org



The Region:

Family Service is located in Jamestown, NY, a city of 28,000 people located in a rural county of 127,000. Historically, there are many people of Italian and Swedish descent who celebrate their roots. More recently, the county has become home to a growing number of Spanish speaking families from Puerto Rico, Mexico, Columbia and more. There are Amish farms and Native Americans with roots in the Seneca Nation. Our community is becoming more diverse and proactive, meaning there is a space for everyone. We have summer visitors from all over, but also farmers who are close to the land. Many people have to travel to Buffalo, NY or Erie, PA for specialists, including psychology services.



Why Chautauqua County?

Check out the Live CHQ website for information about living in Chautauqua County!

“Whether you crave outdoor adventure – hiking, boating, fishing, skiing – or a slower pace by the lake, Chautauqua County has the landscape to match your desires. The artistic soul will find a vibrant community at the historic Chautauqua Institution, the National Comedy Center, the Reg Lenna Center for the Arts, and countless other venues. But Chautauqua County is more than just places and passions. It's a place where affordability meets opportunity. Enjoy a great quality of life without the high cost of living. Here, you'll find people who share your passions, forming connections that make you feel right at home. No matter who you are or what brings you alive, Chautauqua County has a place for you.

Click here to learn more:

<https://www.choosechq.com/live-chq>

[Chautauqua County Nature Attractions | Chautauqua County Visitors Bureau \(tourchautauqua.com\)](#)

